

Somatic Experiencing Intermediate I Schedule

	Friday, Feb 27	Saturday, Feb 28	Sunday, March 1	Monday, March 2
Personal Sessions				7:15 – 8:15
Morning Training	9:30 am – 12:30	9:00 am – 12:30	9:00 am – 12:30	9:30 am – 12:30
Lunch Break (Sessions & Personal Time)	12:30 – 2 pm	12:30 – 2 pm	12:30 – 2 pm	12:30 – 1:30 pm
Afternoon Training	2 - 5:00 pm	2 – 5:00 pm	2 - 5:00 pm	1:30 – 3:30 pm
Personal Sessions	5:15 - 6:15	5:15 – 6:15	No sessions	No sessions